

My Life Purpose

1. My Life Purpose is: (Example - My life purpose is to lead people to their truth. Your statement doesn't have to be perfect. This can be a work in progress.)
2. How do you see yourself expressing your Life Purpose? (Example - I do this through counseling, workshops, trainings and speaking.)
3. In what ways are you currently expressing your life purpose?
4. On a scale of 1-10, how fully are you expressing your Life Purpose today? (1=not at all, 10=full out)
5. What are some ideas you have that can get you closer to a 10?
6. What one thing can you do this next week that can get you closer to expressing your Life Purpose more fully today?