

# WORK BELIEFS QUESTIONNAIRE

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Rate yourself from 1 – 10 with regard to each of the following statements.  
1 = 100% Disagreement up to 10 = 100% Agreement

- \_\_\_\_\_ 1. If I do what I love, I won't be able to make a living from it.
- \_\_\_\_\_ 2. People who make serious money doing what they love are lucky or destined for success.
- \_\_\_\_\_ 3. If I do what I love, I won't be able to make a living from it.
- \_\_\_\_\_ 4. I'm too old to go for my dream job.
- \_\_\_\_\_ 5. I'm too young to go for my dream job.
- \_\_\_\_\_ 6. It's difficult to make money doing what you love.
- \_\_\_\_\_ 7. You can't get rich doing exactly what you love.
- \_\_\_\_\_ 8. The main purpose of work is to get a paycheck.
- \_\_\_\_\_ 9. People who pursue their dream jobs are rebels.
- \_\_\_\_\_ 10. A government job is the best job because there's security in it.
- \_\_\_\_\_ 11. Work is separate from play.
- \_\_\_\_\_ 12. Doing what I love to do is too much work and struggle.
- \_\_\_\_\_ 13. Realistically, I'll never find my right work.
- \_\_\_\_\_ 14. Doing work that I love means that I'll have to start my own business.
- \_\_\_\_\_ 15. I put others needs and desires before my own.
- \_\_\_\_\_ 16. If I do work that I love, I won't have any time for my friends and family.
- \_\_\_\_\_ 17. If I do work that I love, there are certain people in my life who won't like it, or me.
- \_\_\_\_\_ 18. If I make lots of money doing work that I love, I'll feel guilty.
- \_\_\_\_\_ 19. Making money doing work that I love is greedy.
- \_\_\_\_\_ 20. I'm not very good at figuring out what I want to do.
- \_\_\_\_\_ 21. I'm not very good at turning my passions into income.
- \_\_\_\_\_ 22. If I find my right work, I'm not going to make much money from it.
- \_\_\_\_\_ 23. This just isn't the right time for me to start going for my dream work.
- \_\_\_\_\_ 24. I have the potential to make money doing what I love. I just need a break.
- \_\_\_\_\_ 25. I don't really want to make money doing what I love.
- \_\_\_\_\_ 26. I don't have the courage to go for my dreams.
- \_\_\_\_\_ 27. You can't really do what you love and make money at the same time.
- \_\_\_\_\_ 28. It takes money for me to make money doing what I love.
- \_\_\_\_\_ 29. I have simple needs so I don't really need to make a lot of money.

- 30. Going for my dream work can cause stress and health problems.
- 31. Most of the good opportunities are gone.
- 32. Given my skills, it would be difficult for me to make money doing what I love.
- 33. I'm not smart or intelligent enough to make money doing what I love.
- 34. I'm not educated enough to make money doing what I love.
- 35. As a woman, it's much more difficult to make money doing what I love.
- 36. I don't like selling or promoting.
- 37. I wish I didn't have to deal with figuring out how to make money doing what I love.
- 38. I have more pressing things than to think about making money doing what I love.
- 39. Figuring out how to make money from what I love limits my creativity and expressions.
- 40. Financial security comes from having a good job and a steady paycheck.
- 41. If making money doing my right work is easy, it's not worthwhile.
- 42. I'm too busy to take the time and energy to find my right work.
- 43. If I become rich doing what I love, that's great. If not, that's fine too.
- 44. I don't enjoy taking on the task of finding my right work.
- 45. I don't like the word "work".
- 46. I have some resentment towards people who make money doing what they love.
- 47. Other people's opinions of me are important.
- 48. It's better to get paid for my "time" than strictly for my performance.
- 49. I'm already quite comfortable where I'm at. I don't need to push myself.
- 50. If you're rich in love, health and happiness, you don't really need any money.
- 51. I can make it on my own. I don't need help from others.
- 52. If I ask for help, people will think I'm weak.
- 53. The only reason to work is to make money.
- 54. By making money doing what I love, I'll prove myself.
- 55. Making money doing what you love isn't really a skill you can learn.
- 56. I'm just not "meant" to make money doing what I love.
- 57. God or fate will make me rich, poor or middle class.
- 58. I can only make money from work that I actually do.